

# The Freedom To Fly

January 2022

# What's The Freedom To Fly

## From online program...

The Freedom To Fly has changed quite a bit over the years since its inception. In 2016 it started as an online program in English. While tinkering and searching for the most suitable way and content, it became a Dutch-only program, better suited to the participants and more 'in the moment'. And soon the form became too tight: I wanted to be able to place additional material in it, for example, and felt that it should be able to grow with me and the participants.

## ... to online learning environment...

From 2018 The Freedom To Fly was therefore more of a complete learning environment instead of just a program. In addition to the original 7 modules of The Freedom To Fly, there was now also The Money Program. And you could, for example, follow webinars and view additional material. This jacket was also too tight.

## ...to Way Of Life!

In the second half of 2019, The Freedom To Fly finally came of age. Built on a deeply rooted and lived awareness of 'life is an ongoing process' and 'change is the norm', it can really move and grow with it ever since.

You can opt for personal guidance, from 'a little' to 'super intensive'. You can participate as an entrepreneur (*The Freedom To Fly - Entrepreneurship outside of Consensus*), but also when for example you work in education, or are part of an (other) organization, such as healthcare or a company (*The Freedom To Fly - Education and Organization*). Material is supplemented, added and changed as inspiration, new

insights and experiences present themselves. And throughout the year there are moments to meet live/online in real time.

# The Impact and Expansion of The Freedom To Fly

## The Freedom To Fly Coaches

The Freedom To Fly continued to grow on this solid foundation. More and more participants asked if they could go further, dive deeper into the process, gain more knowledge, experience and insight, get more tools. But also how they could guide people themselves in what (had) brought them so much. The content was increasingly mentioned as quite indispensable if you want to conduct a profound, but above all sustainable, truly life-changing personal process.

*Your webinars are like lighthouses, beacons of understanding, love and energy. Time and time again stuck pieces of me become loose, I can continue to work on myself and understand my inner struggles better. Everything always comes at just the right time.*

*'So happy and grateful for this freedom. The biggest insight so far is that I'm allowed to do my own thing from inner peace and space instead of constantly wanting to be and do enough.'*

*'Actually I recommend this to EVERYONE. Because honestly: it just changes your whole life.'*

Coaches, therapists and practitioners, for example, experienced much of the content as a lack of what they applied in their own practice. An increasing need for self-growth, but also sharing and taking it further, became tangible and visible.

And so the Education for The Freedom To Fly Coach was born. In 2020, the Pilot group started. This group not only helped to set up an exceedingly strong education but also made it clear that, yes, indeed, The Freedom To Fly has a huge impact and is much better and more ingeniously put together than we ourselves were actually aware of.

By immersing ourselves in this way, we only revealed more. And so everything The Freedom To Fly entails, offers and brings became grounded in fertile soil to be able to unfold further.

Soon - a few months earlier than expected and agreed, due to the great enthusiasm of the participants - the second group of TTF- Coaches started with their education.

It made me deeply grateful and thoroughly determined to create the space that TTF needs to flourish.

## The Freedom To Fly International

Thus in 2021, five years after the first version, The Freedom To Fly became English again in addition to Dutch. And therefore also suitable for international participants. Suitable for the whole world. This time coming from a much broader vision, building on, on the Dutch solid-as-a-rock-version, and with a lot of help in all kinds of areas and ways.

As a participant you can now choose in which language you will read and listen: all elements of the original modules of The Freedom To Fly are available bilingually. Additional material, such as The Money

Program, webinars and sound files, is added steadily and gradually.

And this year, in 2022, the first group of International Coaches complete their education. Now, personal guidance in all kinds of ways is also possible for non-Dutch speaking participants.

## What does the online part of The Freedom To Fly look like?

As soon as you log in you will enter My The Freedom To Fly. All the material is neatly arranged there. Each module has a clear name so that you immediately know what it is about. This way you can easily choose and repeat.

The modules are very practical, very user-friendly and (technically) easy to follow.

Each module has everything needed to achieve your own goals:

- Videos
- Soundfiles
- Workbook/Worksheets
- Assignments

## Live Webinars and meetings

As a participant you can attend webinars and meetings that are organized exclusively for you. All recordings and content are placed in the online learning environment, so even if you can't attend live, you still have access to everything.

## Growing and thriving - just like you!

The 'My The Freedom To Fly' environment will continue to develop, grow and flourish. During my own journey of discovery and expansion here on Earth, I am replenishing and renewing. Also, I listen closely to questions from participants. For example, a webinar series on certain parts of yourself that reoccurred regularly during lives and conversations (The Good Girl, The Rebel and The Ivory Tower) has been added upon request. And the Coaches also contribute continuously to change and improvement.

## What exactly do you get?

I have discovered in my relentless search for freedom that there are 7 areas in which you can free yourself, and that freedom within these areas leads to a life 'outside the consensus': a life on your own unique terms, a life in which you can BE, truly happy and free.

## Cleaning up, Self-love and Receiving

There is a module for each of these areas so that you can master each area. And you'll find that the more of the messes you clean up, the more you love yourself. Love life. Love everyone. And the more you love yourself, the more free you become and the more free others are allowed to be.

And then, receiving comes into play. Because in addition to be free, you also want to receive: the more you are free, the more you love yourself, the more you feel you deserve good things and therefore the more you can and want to receive. And for the record, we are 'trained' the other way around: holding back, resisting, rejecting, judging.

So when you enroll in The Freedom To Fly you will learn to unveil your self-love enough to consciously be in charge of your life. To allow yourself to receive. Completely independent of what something, someone or everyone thinks, how they judge it and what they do with it.

'Receiving' has 5 key themes which are addressed in the five modules that make up *The Money Program*. Together, these modules provide you with the means to confidently achieve financial freedom and confident creating. So that you can enter that flow, that you know deep inside is there: not trudging on but unfolding, like a flower. Not toiling, just ease and grace. You, working with your 'spiritual team' that brings magic and wonders into your life. A relaxed, free and happy life. Module 7 of The Freedom To Fly is the perfect bridge to The Money Program.

*'Fi-nal-ly started TFTF and what a treasure chest. Recognition, emotion, amazement. Questions and answer. Thank you!'*

*'I now realize that loving yourself is more than doing yourself an occasional favor with a warm bath or idling for an hour. It is also about healing yourself, forgiving, accepting. I find that difficult.*

*I think it has a lot to do with knowing who you are?*

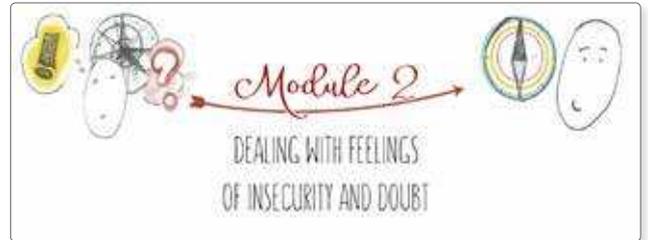
*By always looking out for the good of others, and having functioned in survival mode for years, I don't know that very well.*

*I do know that now is the time to learn this. And I am very grateful that you have crossed my path in this way so that I actually can.'*

# The Freedom To Fly and The Money Program - The modules

## Important Notice - 2022

The Freedom To Fly is not as yet entirely translated in English. All elements of the original modules of The Freedom To Fly are available bilingually. Additional material is added steadily and gradually. With the purchase with sizeable discount, you agree to having no access yet to all the material. We'll do our best to provide it soon! Thanks for your trust xx



## Will I be thrown into the deep?

Nope. When you board your ship and decide to go for freedom, all your shit will come up. It is what it is and I can't make it more beautiful. But there is support to help you and deal with it.

## This is the real deal and it's intense

And as someone who's done, experienced and gone through it all, I know better than anyone what it's like to feel overwhelmed, confused or scared by what you're going through. I had people to fall back on. And so did the coaches. It is our honor to be such a person for you.

## Strong and reliable support is built in for you

Each individual module is well thought out and put together logically, and together they guide you through your process. There clear explanations will provide a lot of insight and you can listen, watch or read. Whatever you like in the moment. Of course you can skip parts, go back and forth or repeat to your heart's content. But if you need a structure to hold on to: rely on the order of the modules.

## The Facebook Group

There is ongoing support in the closed Facebook Group. There you can:

- share and connect
- ask practical and/or technical questions
- ask for help in your process
- set up meetings with others
- just feel at home amongst like-minded people

LIVES also regularly take place here. I will announce these in advance and even if you are not there you can ask your questions under the announcements (posts). The LIVES remain in the timeline so you can always watch later.

## Contact with me or a coach

We're here for you when you need us. You can reach us through the Facebook Group and email. The first is the fastest and easiest. We answer within three days and always respond, if necessary to let you know when we have time to reply. In principle, and to a certain extent, this applies to every participant, even if you opt for The Freedom To Fly without any personal guidance or coaching.

## Access to the Heart to Heart Day

This is a day of pure joy, of celebration and sharing, knowing and remembering and meeting wonderful, like minded people. Different every time, but always magically beautiful. All information about this day can be found in the agenda on the website. There are at least two a year in The Netherlands and you can attend as often as you like. In the future I hope to have them abroad, too.

*'I have enjoyed the first modules so much. Fired my Inner Slave Driver.*

*What. A. Relief.*

*Thank you dear Marieke!*

*For who you are.*

*For what you do.*

*With your endless Patience and lovely voice to listen to.*

*The Freedom To Fly is really such a party!!!'*

# And then there's this, too

## First option

As a participant of The Freedom To Fly, you get first option for participation in the programs and events that are being developed, created or organised.

## Opt Out

You took the plunge and afterwards you are just not happy with the program at all and everything it entails - Now what?

For starters, don't worry. Talk about it, get in touch. And if it turns out that this process is really not what you are looking for, you can stop **in the first month after purchase** and you will receive 6/7th of the total amount within one month back. In other words: you only pay for the first month. Read carefully how this works in the General Terms and Conditions.

## You want more?

The Freedom To Fly provides everything you need to get out of Consensus and into your own flow. To be able to create with confidence and to be financially free. The Freedom To Fly is complete in itself.

## Everything you have read so far belongs to The Freedom To Fly Without Personal Guidance

*'Yesterday I had my presentation to complete the NLP Master Course I followed. Your material was already an addition for me, along with all the other tools, to confidently stand and act in front of the group despite all those little voices and a kind of fear, inside.*

*Even though I was full of emotions, I could still continue to speak by going back to my trust in that I am a powerful reality creator and am indeed able to just do it. So powerful.*

*To experience that there was no rejection and to experience that I no longer had to wear a mask. That I could just talk about what everything had done to me, and how it had helped me and I could just be who I am, it gave me such freedom.*

*The mind shift was caused by your podcasts, by the Diamond Codes and the run-up to the Diamond Codes, and the first modules of The Freedom To Fly. It has changed my view of the world.'*

*'After having done a lot of different things, I had to come to the frustrating conclusion: I only threw away a lot of money. Because all this time I always knew somewhere that it wouldn't work for me.*

*But then I did it anyway. I just wanted so badly that I would finally break through. In hindsight, it just doesn't make any sense at all.*

*This finally works. Now I'm finally with myself. Finally.'*

But maybe you just feel you need some help, or maybe you even feel you need a lot. You maybe want to move forward faster, you feel that urge, and it is strong.

Or you want to learn to apply everything you learn in your own practice, company or business.

Or within your field. For example, to stand in front of the class better, to function better within your organization or to present yourself better.

## For all these circumstances, guidance and/or education is possible

And would you maybe also like to be a TFTF-Coach yourself? Or just have an excellent coaching education? Then you can choose to do both years of the Education for The Freedom To Fly Coach. And you can really get started with your own customers or clients - with The Freedom To Fly as underlying foundation for both you and them.

### General Terms and Conditions

The General Terms and Conditions apply to every variation of The Freedom To Fly. You can find them at the bottom of every page on the website or via <https://mariekezwinkels.com/algemene-voorwaarden/?lang=en>

Additional specific conditions can be found in the ebook of the respective form.

*'Everything you have said so far has hit like a bomb and has already changed me as a person.'*

*'Through a friend of mine I got the tip to attend a webinar by Marieke Zwinkels. Something in me felt that this would be important to me.*

*So I listened. I was on the train at the time of broadcast and was completely captivated by her story. Her down-to-earth way of talking combined with the wisdom she shared. I recognized this wisdom, this resonated, this was very good for me.*

*Instantly I decided that I wanted to choose a LIGHT life, for the joy and energy that I feel and receive as a result. I was done slogging for assignments, working hard for work. I didn't have to suffer anymore. To pay for wanting my own way of life, for my vision, for my truth. I chose to be 100% PRESENT."*

*'For me, The Money Program is such a wonderful addition. I remember now that I am a powerful reality creator and that I am able to receive more than I thought possible. Beautiful symbols and delightful visualizations brought me back to the magic of life. I'm feeling more and more free to be who I am. Thank you Marieke for the clear examples from your own life.'*

*'I really didn't know what to expect at all, just that I HAD to do this. And it has given me so much more than I could have ever dreamed. Well, I wouldn't even have been able to dream it, because I didn't know all this could be. A world has opened up to me and it is my world.*

*Only now do I really feel at home. And know that I am in the right place, that this was my plan all along.'*

# The available guidance and education at a glance

The Freedom To Fly  
With Personal Guidance

The Freedom To Fly  
Entrepreneurship outside of Consensus



The Freedom To Fly  
Education and Organization



Education for  
The Freedom To Fly Coach



# The Freedom To Fly With Personal Guidance

*Personal Guidance is provided by the The Freedom To Fly Coaches. Here you will find information about what that means exactly. More information about each coach and their unique offer to you can be found at [www.thefreedomtoflycoach.com](http://www.thefreedomtoflycoach.com)*

## What is a The Freedom To Fly Coach?

These great coaches have a two-year training under their belt and have found ways to combine their own profound processes, expertise, wisdom, experiences and passions with everything that The Freedom To Fly entails.

## In short, they have the following in common

1. Every TFTF-Coach wants to and can have a huge positive, expanding impact on your process and make a clearly distinguishable difference.
2. Besides that, each TFTF-Coach works in their own unique way. They are not beginners, they have a lot in their pocket. They are life-experienced and brave wayfinders. They have waded through the mud, faced their demons and found their unique light. Each coach therefore has their own unique offer.
3. At the same time, every TFTF-Coach believes in The Freedom To Fly to the core, perhaps as much as I do. In Year 1 of the education everyone went through and experienced it all intensely. And one only opts for Year 2 when it really fits and feels right.

## And this is what you can expect from them

A TFTF-Coach is someone who helps others to free themselves. Someone who knows the ropes when it comes to cleaning up your mess, to self-love and to receiving. How do they know? Because of the experience. Done it themselves, experienced it themselves, went through it themselves and integrated all in their own way. That does not mean that you have to be 'ready' as a TFTF-Coach. In fact, I don't believe in that, and it's not part of The Freedom To Fly.

Cleaning up your mess, self-love, receiving: it's an ongoing process. Something that brings more and more depth and dimension and which makes you remember more and more, infinitely, actually. Learning to lean back, feel safe, to be able to relax in the process, to have confidence in yourself and in your 'spiritual team', that *is* part of The Freedom To Fly. And that is what will arise. That is the result. And I wish that for everyone.

A TFTF-Coach wishes that for everyone too. They have discovered and experienced and enjoyed it, as difficult as it sometimes can be. They are hungry for unveiling, want the layers off. Want to get to the core because that's where it's at. The real life. The real happiness. The real freedom.

A TFTF Coach knows that 'cleaning up your shit' goes hand in hand with 'facing your shit'. With taking it out and letting it out. Glasses off. Clarity. No matter how painful, sometimes. That which is visible can heal. Unveiled means air and light, in places that

were in darkness. And a TFTF Coach knows that with the tools in The Freedom To Fly, actually clearing, fulfilling and healing is safe. They are compassionate about it. Loving. Because there is no guilt, no shame and no judgment on it. They come from a place of greater insight, a broader overview, to who we are and what we come here to do.

Everything is allowed to be. After all, it's already there.

A TFTF-Coach knows that suppression never, ever works. And that the shit out - no matter how difficult sometimes - feels so much better than the shit in.

A TFTF-Coach knows that self-love is The Key of all Keys. Knows that, after all, filling the holes in yourself with pure, real, all-encompassing love for yourself is the way. The only way really. They know that in self-love, you allow yourself to be free. To be real. To be truthful. To receive what you wish and desire.

Because a TFTF-Coach also knows that receiving is always happening regardless, and that your self-love determines what it is, what you receive. That there IS always and ever abundance, and that what you choose from that abundance is related to how much you love yourself. How much you allow yourself to love yourself.

**'It all [life] depends on the extent to which you allow yourself to experience.**

**This is why selflove is The Key of all Keys: Because selflove determines that extent.'** - my spiritual team

And a TFTF-Coach works with energy, in addition to all their insights and inspiration, tools and wisdom and knowledge and experience. They can help bring movement where it is stuck, they can help clear and clean up and relax and relieve.

Self-remembered, self-developed, self-experienced and shaped in their own unique way.

And finally, a TFTF-Coach works with all of the three bodies: the physical, mental and emotional body. And a Freedom To Fly Coach makes sure that all three travel with you on your journey.

*'Because I have motivated someone from my network to sign up as well, we started going through the modules together last week.*

*Every Wednesday morning we video-call each other and pick up a module. I had already done Module 1, but I did it again last week with her. I hadn't written anything down yet. Starting this week, we will therefore pick up a module (or part of it) every week, go through them and discuss them together.'*

*'I can also feel my body much better, feel what she needs and it first occurred to me yesterday to ask her how I could best take care of her. Without the pushing of the Inner Slave Driver a path has opened for a new way of making contact with my body. In any case, I am more aware of whether I am doing something based on 'want', or 'need'.*

*That distinction is much easier to make now.*

*I could go on and on, I am so happy and relieved! And I understand that there is a lot of behavior and beliefs attached to it still, but I feel so free now that I don't want to go back to what it was like with the Inner Slave Driver. Although I understand she'll try to come back every now and then.'*

## The Freedom To Fly Entrepreneurship outside of Consensus



## The Freedom To Fly Education and Organization



## Education for The Freedom To Fly Coach



## The Freedom To Fly Courses

*All education with The Freedom To Fly is provided by me, Marieke. I give a brief explanation here, more information can be found at [www.mariekezwinkels.com](http://www.mariekezwinkels.com)*

### Entrepreneurship outside of Consensus

This is for those who want to put everything they are in their precisely fitting shape, in which they can share themselves, their own process, knowledge, wisdom, insights and inspiration with others.

Leading the way, paving the way and making it available to others. If it's part of the plan, you know it, deep down. And when it's your time for that, you know it too.

You might secretly know: I am a teacher's teacher. Maybe you feel that you have profound wisdom

and truths within *yourself*, and - do you dare to think it...? - maybe you even know *more* or *better*. Not out of arrogance or pain. But simple, because it is. You know that speech from Mandela? Written by Marianne Williamson? 'Our deepest fear is that we are powerful beyond measure.... It is our light, not our darkness, that most frightens us.'

I'll help you through that fear. Give you practical handles and ways and possibilities. Knowledge and inspiration. So that you can remember the power within yourself to carry out your plan. It doesn't mean you're already there. But that you know you're going there.

With The Freedom To Fly as foundation and hand-held, as a tool and compass, it becomes clear who you are and what you come to do. And then, at some point, you also want to express that towards your own customers. But, in your unique way, without following any beaten path.

I will teach you to let your offer flow upwards from your core, completely aligned with who you are and to shape that offer here on earth, without Inner Slave Driver, Good Girl, Macho Male or Critical Parent (just to name a few!). But from real motivation and passion.

I will teach you to make it more concrete in a non-linear planning (because I'm sure you'll get the jitters from a-to-b-to-c), and in shapes and forms that do justice to who you are.

I will teach you to make choices from your soul and your bliss, choices that only contribute to your path and that don't send you into side streets. You will take a giant leap forward.

You will be given the tools to continue. Your next phase becomes apparent and you see it clearly before you.

And just between us? I can simply see, in your system, if something is not aligned. When something is 'not right'. So I can really help you to work from your core and to coordinate your offer.

## Education and Organization

Within an (educational) organization you run into all the pitfalls of consensus in your professional practice. For example, both teachers and Management Teams wrestle with questions such as: How can I maintain integrity in relation to my own values within existing and sometimes even imposed frameworks? Even when they go against my grain? How do I (again and again) find a balance between what I need and what I desire from the heart? How do I deal with time pressure, with guilt, shame and judgment within my team or department, with insecurity and personal issues of myself and my colleagues? And those of, for example, students and participants? How do I

become and/or remain my own inner leader, despite never-ending changes and tweaks that happen within every organization? And how do I work well with all those involved amidst all this?

This involves a lot of responsibility. And that's scary, sometimes infuriating, always painful. The deep realization that you alone are responsible for who you are now, in this moment, but also for where you are going, is always accompanied by a certain amount of loneliness, a sense of mourning, almost. But with that - after that - comes freedom. And this you will find, during this education, on a whole new level.

Everything you want to address is addressed: your biggest issues, stumbling blocks, that which you have felt for a long time. We find the places inside of you, in your system, that don't believe yet who you really are and take them with us into the truth of you. So that you don't get pulled back by yourself again and again in sticky patterns that are no longer needed.

You gain immense overview and insight and see your own role in relationships with colleagues, managers, and/or other stakeholders.

You experience what it is like to be the deeply rooted tree instead of the leaf that is blown about in the storm of your environment. And you have an inner compass for what comes next, so that from then on your decisions can be completely aligned with who you really are and what you need to do within your organization.

## Education for The Freedom To Fly Coach

For this I first refer you back to page 10 and 11. There it states exactly what a The Freedom To Fly Coach is, and therefore also what this Education will bring you. You can also find more about this on my site.

# The Freedom To Fly

## This is also important to know

### What exactly will training/guidance in The Freedom To Fly bring me?

During your guidance you will be inspired and provided with deeper insights, knowledge and practical tools. Regardless of the variation you select, you will find that it can be applied to your place of employment, your own company, your professional practice, and/or your personal relationships. In short: everything you learn is applicable in your daily life, in all areas. And much of it, but not all, you can also offer your own clients.

The goals and returns in participating depend a bit on the variation you choose and who will guide you: for example, each TTF-Coach has their own specializations. Check carefully whether the version you choose, and the guidance you select, will help you achieve your personal goals

And be sure to book a Free Meeting with me or one of the coaches to ensure that your participation suits you and offers you what you need, and that you're with the right person!

### How much time do I spend on it?

That depends entirely on how you approach it. In other words, you follow your own pace. Some 'sleep with it and wake up with it', others, for example, have the space to devote one day a week of focused attention to everything The Freedom To Fly offers. And still others are steadily working their way

through the modules and have their sessions attuned to that.

You make your own agreements with your coach about how much, how often and for how long. But because you have unlimited access to all the content and material, and even to new stuff, as it is added, you can make this an ongoing process.

For example, there are participants who have completed the online modules of The Freedom To Fly two or three times now. And are always discovering new levels, getting more and more familiar with the material and using it more practically each time.

### Upgrades: I want more intensive guidance / I also want to become a Freedom To Fly Coach!

If you choose The Freedom to Fly, there are various upgrades possible. If you participate in *The Freedom to Fly Without Personal Guidance*, you can upgrade to *The Freedom To Fly With Personal Guidance*. If you have chosen *The Freedom to Fly With Personal Guidance* you can upgrade to Year 1 of the *Education for The Freedom to Fly Coach*: the first year of this course is completely devoted to your personal process and is one-on-one with me, Marieke. Ask your coach for information if you want to know more or are thinking about it.

Intensive guidance from a The Freedom To Fly Coach is never a substitute for the first year of the *Education for The Freedom to Fly Coach*.)

## General Terms and Conditions and Privacy

The Freedom To Fly is subject to the General Terms and Conditions and the Privacy Statement of [www.mariekezinkels.com](http://www.mariekezinkels.com). You can find them at the bottom of every page or via the links below. Please read them carefully as part of your orientation before purchasing The Freedom To Fly.

[mariekezinkels.com/algemene-voorwaarden/?lang=en](http://mariekezinkels.com/algemene-voorwaarden/?lang=en)

[mariekezinkels.com/privacy-statement/?lang=en](http://mariekezinkels.com/privacy-statement/?lang=en)

## What if you cannot make a scheduled appointment?

Sometimes you have to deal with unexpected circumstances such as illness or a forgotten appointment. Every coach or educator has their own terms and conditions for this, which they will provide you with.

But often it is possible to reschedule an appointment in consultation with your coach

## What if your coach cannot make a scheduled appointment?

You will always be contacted to let you know what is going on. Then there will be a proposal to make up the appointments and you can choose moments that suit you well.

When for some reason you cannot connect with your coach for more than two months, your coach will contact you to determine the best way forward. For example, you can choose to schedule the appointments when it is possible again. Or switch to another TTF-Coach. You can also choose to stop the coaching.

Should you choose to stop the coaching, you will receive a refund for the unused portion of the coach's guidance. This will be transferred to you within a month.

*'If you ask what The Freedom to Fly has done for me, I say: it makes life easier... and above all more fun. And I mean life as a verb. I now look at my emotions and events differently. I can get a grip on it, it overwhelms me less. I have tools to discover who inside me makes themselves heard and what I can still heal and how, because there is always something to heal. I feel at the wheel of my life, making powerful choices and seeing more difficult periods as interesting challenges. Haha, I can hardly wait to bump my head against something again.*

*By healing and clearing my old issues, my focus has become increasingly clear. I know for the first time in my life where I want to go and how I want to get there. I choose my way there, instead of the prescribed way or the fastest way. I know what I want to learn and experience and where that will take me. And the good thing is, I can also just change my mind on the way.*

*The Freedom to Fly and Marieke's personal and loving guidance has literally given me the freedom and the guts to live my life my way.'*

## I would love to let The Freedom To Fly work for you

If you've gotten to the point where you're still reading this last page, chances are this is really for you. Let's face it: the content is not very common and run-of-the-mill. There must be something that touches or attracts you. An inner knowing. I'd say listen to that. It knows the way. Your way.

I can honestly say: life has never been as beautiful, for me, as it is now. My company has never been so in flow with myself - and thus successful. And the possibilities are simply endless once you are free of consensus.

I'd love it if you did this. Because you already understand: my 'why' is not only to be free myself, but to also give the knowledge, the techniques, the insights and the tools, and the inspiration to others. To those who wish to be free.

## Doubts?

Yep, I get it. Been there, done that. You never know for sure, could this be it? Is this what I have waited for? Is it finally here? To be honest, I think so. At least it was for me!

Think of the Opt Out. That offers you the safety to be able to choose. Don't forget to read and listen to the reviews. Participants really know best what it does for you.

And talk to your coach. They can answer all your questions and help you find the most suitable way to do this.

In any way, I wish you a safe journey,  
All my love,

XX  
Mariehe

Let's walk with clarity  
upon this world